

Sun Oct. 18	Monday Oct. 19	Tuesday Oct. 20	Wednesday Oct. 21	Thursday Oct. 22	Friday Oct. 23	Saturday Oct. 24
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Choice of Cereal Fried Egg White Toast Sausage Banana Juice of Choice FF Milk Coffee/Tea/Hot Chocolate	Choice of Cereal Scrambled Eggs Bacon Pancakes Banana Syrup Juice of Choice FF Milk Coffee/Tea/Hot Chocolate	Choice of Cereal Fried Egg Sausage Patty White Toast Banana Juice of Choice FF Milk Coffee/Tea/Hot Chocolate	Choice of Cereal Bacon Scrambled Egg Banana Toasted English Muffin Juice of Choice FF Milk Coffee/Tea/Hot Chocolate	Choice of Cereal Scrambled Egg Sausage Patty Banana Blueberry Swirl Coffee Cake Juice of Choice FF Milk Coffee/Tea/Hot Chocolate	Choice of Cereal Fried Egg White Toast Banana Bacon Juice of Choice FF Milk Coffee/Tea/Hot Chocolate	Choice of Cereal Cheese Omelet Sausage Patty White Toast Banana Juice of Choice FF Milk Coffee/Tea/Hot Chocolate
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Pot Roast Mashed Potatoes & Gravy California Blend Vegetables Dinner Roll Cherry Crisp Coffee/Tea/Hot Chocolate	Cod Broccoli Salad Carrots Rice Fresh Baked Roll Butterscotch Pudding Tarter Sauce Coffee/Tea/Hot Chocolate	Macaroni & Cheese Stewed Tomatoes Green Beans White Bread Gelatin w/ whip cream Coffee/Tea/Hot Chocolate	Meatloaf Mashed Potatoes & Gravy Corn Dinner Roll Brownie Coffee/Tea/Hot Chocolate	Breaded Pork Chops American Fried Potatoes Vegetable Blend White Bread Apple Sauce Coffee/Tea/Hot Chocolate	Lasagna Tossed Salad Carrots Garlic Toast Frosted Spice Cake Parmesan Cheese Coffee/Tea/Hot Chocolate	Goulash Green Beans Biscuit Cheesecake Tossed Salad Coffee/Tea/Hot Chocolate
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Corn Chowder Soup Saltines Grd Chicken Breast Croissant Tomato Tropical Fruit Salad FF Milk Coffee/Tea/Hot Chocolate	Beef Croissant Sweet Potatoes Peas Mandarin Oranges FF Milk Coffee/Tea/Hot Chocolate	Turkey Sandwich Broccoli Salad Peaches French Fries FF Milk Coffee/Tea/Hot Chocolate	Fish Fillet Crisscut Fries Mixed Vegetables Dinner Roll Pears Tarter Sauce FF Milk Coffee/Tea/Hot Chocolate	Soup Saltines Ham Sandwich Tomato Tropical Fruit FF Milk Coffee/Tea/Hot Chocolate	Turkey Croissant Potato Salad Tomato Cookie Orange Wedges FF Milk Coffee/Tea/Hot Chocolate	Veggie Soup Saltines Fish Sandwich Tomato Citrus Gelatin Tarter Sauce FF Milk Coffee/Tea/Hot Chocolate

Sunday Oct. 25	Monday Oct. 26	Tuesday Oct. 27	Wednesday Oct. 28	Thursday Oct. 29	Friday Oct. 30	Saturday Oct. 31
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Choice of Cereal Scrambled Egg White Toast Sausage Patty Banana Juice of Choice FF Milk Coffee/Tea/Hot Chocolate	Choice of Cereal Fried Egg Bacon Banana White Toast Juice of Choice FF Milk Coffee/Tea/Hot Chocolate	Choice of Cereal Scrambled Eggs Bacon Cinnamon Roll Orange Slice Juice of Choice FF Milk Coffee/Tea/Hot Chocolate	Choice of Cereal French Toast Fried egg Sausage Links Banana Juice of Choice FF Milk Coffee/Tea/Hot Chocolate	Choice of Cereal Scrambled Eggs Bacon White Toast Banana Juice of Choice FF Milk Coffee/Tea/Hot Chocolate	Choice of Cereal Fried Egg Sausage Patty English Muffin Melon Juice of Choice FF Milk Coffee/Tea/Hot Chocolate	Choice of Cereal Scrambled Eggs White Toast Bacon Banana Juice of Choice FF Milk Coffee/Tea/Hot Chocolate
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Chicken Mashed Potatoes Gravy Whole Baby Carrots Dinner Roll Pumpkin Pie Coffee/Tea/Hot Chocolate	Pork Roast Fried Potatoes Squash Broccoli Salad White Bread Cake Coffee/Tea/Hot Chocolate	Turkey Potato Au Gratin Peas Tossed Salad Dinner Roll Raisin Rice Pudding Choice of Dressing Coffee/Tea/Hot Chocolate	Chicken and Dumplings Carrots Tossed Salad Peaches Sherbet Cup Coffee/Tea/Hot Chocolate	Spaghetti Sauce w/Meatballs Spaghetti Noodles Green Beans Breadstick Vanilla Ice Cream Cup Coffee/Tea/Hot Chocolate	Fish Baked Potato Vegetable Blend Fresh Baked Roll Tarter Sauce Pineapple Sour Cream Coffee/Tea/Hot Chocolate	BBQ Chicken American Fried Potatoes Three Bean Salad Dinner Roll Chocolate Chip Cookie Coffee/Tea/Hot Chocolate
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Beef Roast Tossed Salad Bread Orange Slices Dressing FF Milk Coffee/Tea/Hot Chocolate	Minestrone Soup Saltines Ham Sandwich Tomato Fruit Cocktail FF Milk Coffee/Tea/Hot Chocolate	Cheeseburger Baked Beans Tomato / Onion / Lettuce Spiced Peaches FF Milk Coffee/Tea/Hot Chocolate	Fillet of Fish Rice Squash White Bread Cake Tarter Sauce FF Milk Coffee/Tea/Hot Chocolate	Hot Turkey Sandwich Beets Sweet Potato Fries Apricots FF Milk Coffee/Tea/Hot Chocolate	Tomato Soup Saltines Grilled Cheese Sandwich Marinated Cucumbers Banana Parfait FF Milk Coffee/Tea/Hot Chocolate	Soup Saltines Grilled Cheese Sandwich Carrots Fried Apples FF Milk Coffee/Tea/Hot Chocolate

Sunday Sept. 27	Monday Sept. 28	Tuesday Sept. 29	Wednesday Sept. 30	Thursday Oct. 1	Friday Oct. 2	Saturday Oct. 3
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Choice of Cereal Egg Omelet & Cheese White Toast Banana Orange Wedges Juice of Choice FF Milk Coffee/Tea/Hot Chocolate	Choice of Cereal Scrambled Eggs Bacon Banana Pancakes Juice of Choice FF Milk Coffee/Tea/Hot Chocolate	Choice of Cereal Fried Egg Sausage Patty English Muffin Banana Juice of Choice FF Milk Coffee/Tea/Hot Chocolate	Choice of Cereal Fried Egg Bacon Cinnamon Roll Juice of Choice FF Milk Coffee/Tea/Hot Chocolate	Choice of Cereal Scrambled Eggs Bacon Toasted English Muffin Juice of Choice FF Milk Coffee/Tea/Hot Chocolate	Choice of Cereal Fried Egg Sausage Biscuit Juice of Choice FF Milk Coffee/Tea/Hot Chocolate	Choice of Cereal Omelet Bacon White Toast Juice of Choice FF Milk Coffee/Tea/Hot Chocolate
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Pork Tenderloin Sweet Potatoes California Blend Vegetables Dinner Roll Pistachio Pudding Coffee/Tea/Hot Chocolate	Fish Tater Tot Brussels Sprouts Biscuit Tarter Sauce Cherry Whip Coffee/Tea/Hot Chocolate	BBQ Beef White Rice Oriental Vegetable Blend Fresh Baked Roll Pineapple Parfait Coffee/Tea/Hot Chocolate	Coconut Chicken Oven Brownd Potatoes Broccoli White Bread Pears Coffee/Tea/Hot Chocolate	Braised Beef Tips Egg Noodles Mixed Vegetables Breadstick Hot Spiced Apples Coffee/Tea/Hot Chocolate	French Dip Sandwich Potato Wedges Carrot Raisin Salad Cookie Coffee/Tea/Hot Chocolate	Chili with Beans Crackers Cole Slaw Dill Pickle Gelatin w/ Whip Cream Coffee/Tea/Hot Chocolate
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Soup of the Day Saltines Ham Sandwich Dilled Pickle Tropical Fruit Cookie FF Milk Coffee/Tea/Hot Chocolate	Manicotti with Parmesan Cheese Green Beans Breadstick Fruit Cocktail FF Milk Coffee/Tea/Hot Chocolate	Chunky Vegetable Soup Saltines Ham Sandwich Tomato Apricots FF Milk Coffee/Tea/Hot Chocolate	Hot Dog Potato Chips Cucumbers & Sour Crm Brownie FF Milk Coffee/Tea/Hot Chocolate	Ham & Potato Au gratin Green Beans Tossed Salad Dinner Roll Dressing Cake FF Milk Coffee/Tea/Hot Chocolate	Turkey Sandwich Pickles / Chips Peaches FF Milk Coffee/Tea/Hot Chocolate	Tuna Sandwich Macaroni Salad Tomato Fruit Parfait Cookie FF Milk Coffee/Tea/Hot Chocolate

Sunday Oct. 4	Monday Oct. 5	Tuesday Oct. 6	Wednesday Oct. 7	Thursday Oct. 8	Friday Oct. 9	Saturday Oct. 10
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Choice of Cereal Scrambled Eggs French Toast Bacon Banana Juice of Choice FF Milk Coffee/Tea/Hot Chocolate	Choice of Cereal Plain Omelet Sausage Banana White Toast Juice of Choice FF Milk Coffee/Tea/Hot Chocolate	Choice of Cereal Fried Egg Bacon Banana White Toast Juice of Choice FF Milk Coffee/Tea/Hot Chocolate	Choice of Cereal Fried Egg Sausage Patty Banana Toasted English Muffin Juice of Choice FF Milk Coffee/Tea/Hot Chocolate	Choice of Cereal Scrambled Eggs Bacon Cinnamon Roll Banana Juice of Choice FF Milk Coffee/Tea/Hot Chocolate	Choice of Cereal Fried Egg Sausage Patty White Toast Juice of Choice FF Milk Coffee/Tea/Hot Chocolate	Choice of Cereal Scrambled Eggs Bacon English Muffin Banana Juice of Choice FF Milk Coffee/Tea/Hot Chocolate
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Roast Turkey Mashed Potatoes Gravy Broccoli Cranberry Sauce Dinner Roll Coconut Cream Pie Coffee/Tea/Hot Chocolate	Pork Chop Macaroni & Cheese Green Peas Biscuit Applesauce Coffee/Tea/Hot Chocolate	Baked Chicken Oven Browned Potatoes Squash Dinner Roll Cheesecake Delight Coffee/Tea/Hot Chocolate	Parmesan Breaded Pork Parsley Noodles Peas Tossed Salad Dressing Brownie Coffee/Tea/Hot Chocolate	Chicken Enchiladas Refried Beans Corn Muffin Fried Apples Vanilla Ice Cream Cup Coffee/Tea/Hot Chocolate	Perch Potatoes Cole Slaw White Bread Chocolate Fudge Cupcakes Tarter Sauce Coffee/Tea/Hot Chocolate	Turkey Spaghetti Noodles Carrots Biscuit Gelatin with Fruit Coffee/Tea/Hot Chocolate
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Beef Macaroni Casserole Green Beans Garlic Toast Vanilla Pudding Cake FF Milk Coffee/Tea/Hot Chocolate	Minestrone Soup Saltines Chicken Salad Breadstick Pineapple Chunks FF Milk Coffee/Tea/Hot Chocolate	Fish Crisscut Fries Green Beans White Bread Tarter Sauce Peaches FF Milk Coffee/Tea/Hot Chocolate	Beef Stew Biscuit Coleslaw White Bread Oranges FF Milk Coffee/Tea/Hot Chocolate	Grld Ham & Swiss Sandwich French Fries Broccoli Raisin Salad Apricots FF Milk Coffee/Tea/Hot Chocolate	Ravioli w/Sauce Mixed Vegetables Garlic Toast Fruit Cocktail Parmesan Cheese FF Milk Coffee/Tea/Hot Chocolate	Sloppy Joe Chips Marinated Cucumbers Peaches Cookie FF Milk Coffee/Tea/Hot Chocolate

Sunday Oct. 11	Monday Oct.12	Tuesday Oct. 13	Wednesday Oct. 14	Thursday Oct. 15	Friday Oct. 16	Saturday Oct. 17
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Choice of Cereal Scrambled Egg Sausage Patty White Toast Orange Wedges Juice of Choice FF Milk Coffee/Tea/Hot Chocolate	Choice of Cereal Bacon Fried Egg Banana Cinnamon Roll Juice of Choice FF Milk Coffee/Tea/Hot Chocolate	Choice of Cereal Scrambled Eggs Bacon Pancakes Banana Juice of Choice FF Milk Coffee/Tea/Hot Chocolate	Choice of Cereal Plain Omelet Sausage Toasted English Muffin Juice of Choice FF Milk Coffee/Tea/Hot Chocolate	Choice of Cereal Scrambled Eggs Bacon English Muffin Banana Juice of Choice FF Milk Coffee/Tea/Hot Chocolate	Choice of Cereal Fried Egg Sausage Patty White Toast Melon Juice of Choice FF Milk Coffee/Tea/Hot Chocolate	Choice of Cereal Scrambled Eggs Banana Bacon Juice of Choice FF Milk Coffee/Tea/Hot Chocolate
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Pork Roast & Gravy Mashed Potatoes Vegetable Blend Fresh Baked Roll Pumpkin Pie Coffee/Tea/Hot Chocolate	Veal Parmesan Spaghetti Noodles Green Beans Dinner Roll Confetti Angel Cake Coffee/Tea/Hot Chocolate	Beef Tips Mashed Potatoes & Gravy Peas White Bread Coleslaw Sherbet Cup Coffee/Tea/Hot Chocolate	Baked Glazed Ham Scalloped Potatoes Green Peas White Bread Fried Apples Coffee/Tea/Hot Chocolate	Turkey Vegetable Pie Dinner Roll Tossed Salad Dressing Pineapple Upside Down Cake Coffee/Tea/Hot Chocolate	Baked Spaghetti Broccoli Breadstick Blueberry Whip Parmesan Cheese Coffee/Tea/Hot Chocolate	Turkey Pot Roast Mashed Potatoes Gravy White Bread Beets Baked Apples Coffee/Tea/Hot Chocolate
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Tomato Soup Saltines Dill pickle Grilled Cheese Sandwich Brownies FF Milk Coffee/Tea/Hot Chocolate	Baked Chicken Strips Fried Potatoes Carrots White Bread Pears FF Milk Coffee/Tea/Hot Chocolate	Turkey Sandwich Cooked Yellow Beans Tomato Wedges Tropical Fruit FF Milk Coffee/Tea/Hot Chocolate	Chicken Nuggets Waffle Fries Seasoned Black Beans Cheese Biscuit Mandarin Oranges Ketchup FF Milk Coffee/Tea/Hot Chocolate	Taco Spanish Rice Corn Cookie FF Milk Coffee/Tea/Hot Chocolate	Tilapia Noodles Carrots Dinner Roll Peaches Tarter sauce FF Milk Coffee/Tea/Hot Chocolate	Chili Ham Croissant Saltines Tossed Salad Dressing Fruit Cocktail FF Milk Coffee/Tea/Hot Chocolate