

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

AL= Assisted Living  
Beauty Salon &  
Manicures  
by Appointment



# NOVEMBER 2018



**1**  
9:00 AM Exercise  
11:00 Sing-a-long  
1:00 Horse Racing  
3:00 "Don't Fence Me In"  
4:00 Happy Hour

**2**  
9:00 Morning Stretch  
10:00 Adult Coloring  
1:00 Walking Club  
2:00 Afternoon Snack  
2:30 Matinee Movie

**3**  
10:00 Noodle Ball  
11:00 Categories Game  
1:30 Worship Service (AL)  
2:00 Snack &  
Conversation

**4**  
9:30 Catholic  
Communion (AL)  
1:00 Lions Football  
3:00 Mandala Art

**5**  
9:00 **Outing: Cabela's**  
10:00 Music n' Motion  
3:00 Afternoon Snack  
4:00 Prayer & Worship

**6 Beauty Shop**  
9:00 Hymn Sing  
10:00 Catholic Mass (AL)  
10:30 Basketball  
2:00 Fall Sensory  
Experience  
4:00 Happy Hour

**7 Beauty Shop**  
10:00 Noodle Sports  
11:00 Trivia Hour  
2:00 Snack & Music  
3:00 Cambrian Choir  
6:00 Relaxing Tunes

**8 Beauty Shop**  
10:00 Bowling  
11:00 Reminisce  
2:00 Junk Drawer Detective  
4:00 Happy Hour

**9**  
10:00 Toss Across  
11:00 Brain Exercises  
2:00 Game Time  
3:00 Movie & Snacks  
"Peter Pan"

**10**  
10:00 Song & Dance  
11:00 Would You Rather?  
1:30 Worship Service (AL)  
2:00 Tin Can Turkey Craft

**11**  
9:30 Catholic  
Communion (AL)  
1:00 Lions Football  
3:00 Afternoon Coloring

**12**  
10:00 Stretch & Flex  
11:00 YouTube It!  
2:00 Horse Racing  
3:00 Snack &  
Documentary:  
"Animal Odd Couples"

**13 Beauty Shop**  
9:00 Morning Music  
10:00 Zumba Gold  
1:00 Give Thanks Wreath  
3:00 Travelogue to Ethiopia  
4:00 Happy Hour

**14 Beauty Shop**  
9:00 Music n' Motion  
10:15 Catholic  
Communion(AL)  
11:00 Bubbles & Tunes  
2:00 **Fall Out & About**  
6:00 Evening Mediation

**15 Beauty Shop**  
10:00 Walking Club  
11:00 Trivia  
2:00 Bird Bingo  
4:00 Happy Hour w/  
Entertainment

**16**  
10:00 Drums Alive!  
2:00 Remembering the  
Thanksgiving Table  
3:00 Movie & Snacks  
"Willy Wonka & Chocolate  
Factory"

**17**  
9:00 Morning Music  
12:00 **Resident  
Thanksgiving Turkey  
Meal**  
2:00 Worship & Prayer w/  
Carrie & Darby

**18**  
9:30 Catholic  
Communion (AL)  
1:00 Lions Football  
5:30 Evening Musical

**19**  
10:00 Noodle Yoga  
11:00 Jokes & Riddles  
2:00 Who, What, When?  
3:00 The Lawrence Welk  
Show & Snack

**20 Beauty Shop**  
9:00 Cardio Drumming  
10:00 Alphabet Game  
1:00 Fall Paint by Number  
3:00 Pumpkin Bowling  
4:00 Happy Hour

**21 Beauty Shop**  
9:00 Music n' Motion  
10:15 Catholic  
Communion(AL)  
11:00 Worship w/ Jo  
1:00 Baking Club: Fall  
Dessert  
3:00 "Turkey Day" Trivia

**22 Thanksgiving Day**  
**9-12 Macy's Thanksgiving  
Day Parade**  


**23**  
10:00 Football Toss  
11:00 Sweet Stories  
1:00 Hanging of Greens  
2:00 Christmas Movie &  
Snack

**24**  
10:00 Parachute Ball  
11:00 Name Game  
1:30 Lutheran Worship (AL)  
1:30 Christmas Decorating

**25**  
9:30 Catholic  
Communion (AL)  
11:00 Music n' Motion  
2:00 The Muppet Show

**26**  
9:00 Basketball  
11:00 Sweet Stories  
1:00 Themed Bingo  
3:00 Music & Mandalas

**27 Beauty Shop**  
9:00 AM Exercise  
10:00 Zumba Gold  
1:00 Art Hour  
4:00 Happy Hour

**28 Beauty Shop**  
9:00 Hymn Sing  
10:15 Catholic  
Communion(AL)  
10:30 Exercise Ball  
1:00 Horse Racing  
2:00 Snack & Socialization

**29 Beauty Shop**  
9:00 Bean Bag Toss  
10:00 Looking Ahead to  
December  
2:00 **Out & About**  
4:00 Happy Hour

**30**  
9:00 Let's Dance!  
11:00 Laughter Club  
1:00 UNO  
3:00 Holiday Wreath  
Making