

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



3 9:00 Destress & Stretch 10:00 Worship Online 1:00 <i>Hymn Sing Along</i> 2:30 Refreshments 3:00 Sunday Movie <small>Daylight Saving Time Ends</small>	4 9:00 Destress & Stretch 9:30 Headbanz! 10:00 Morning Shows 2:30 Refreshments 3:00 Afternoon Movie	5 9:00 Destress & Stretch 10:15 Charades Cards 1:30 Crafting Hour 2:30 <i>Happy Hour</i>	6 9:00 Destress & Stretch 10:30 Cardio Drumming 1:30 Game Time 2:30 Refreshments	7 9:00 Destress & Stretch 10:30 Sing Along 1:30 Afternoon Shows 2:30 <i>Happy Hour</i> 3:00 MUSICAL BINGO	8 9:00 Destress & Stretch 10:30 Name 5 1:00 Afternoon Movie 2:30 Refreshments 3:00 Noodle Ball <small>Diwali (Hindu)</small>	9 9:00 Destress & Stretch 9:30 Trivia/Jokes 10:00 Morning Movie 2:30 Refreshments 3:00 Travelogue
10 9:00 Destress & Stretch 10:00 Worship Online 1:00 <i>Hymn Sing Along</i> 2:30 Refreshments 3:00 Sunday Movie	11 9:00 Destress & Stretch 9:30 Headbanz! 10:00 Morning Shows 2:30 Refreshments 3:00 Afternoon Movie <small>Veterans Day Remembrance Day (Canada)</small>	12 9:00 Destress & Stretch 10:15 Ladies Spa!!! 2:00 Game of Choice 2:30 <i>Happy Hour</i>	13 9:00 Destress & Stretch 10:30 Cardio Drumming 2:00 Outing to the Imagine Theatre!!!! 2:30 Refreshments	14 9:00 Destress & Stretch 10:30 Sing Along 1:30 Afternoon Shows 2:30 <i>Happy Hour</i> 3:00 MUSICAL BINGO	15 9:00 Destress & Stretch 10:30 Name 5 1:00 Afternoon Movie 2:30 Refreshments 3:00 Noodle Ball	16 9:00 Destress & Stretch 9:30 Trivia/Jokes 10:00 Morning Movie 2:30 Refreshments 3:00 Travelogue
17 9:00 Destress & Stretch 10:00 Worship Online 1:00 <i>Hymn Sing Along</i> 2:30 Refreshments 3:00 Sunday Movie	18 9:00 Destress & Stretch 9:30 Headbanz! 10:00 Morning Shows 2:30 Refreshments 3:00 Afternoon Movie	19 9:00 Destress & Stretch 10:15 Charades Cards 1:30 Crafting Hour 2:30 <i>Happy Hour</i>	20 9:00 Destress & Stretch 10:30 Cardio Drumming 1:30 Game Time 2:30 Refreshments	21 9:00 Destress & Stretch 10:30 Sing Along 1:30 Afternoon Shows 2:30 <i>Happy Hour</i> 3:00 MUSICAL BINGO	22 9:00 Destress & Stretch 10:30 Name 5 1:00 Afternoon Movie 2:30 Refreshments 3:00 Noodle Ball	23 9:00 Destress & Stretch 9:30 Trivia/Jokes 10:00 Morning Movie 2:30 Refreshments 3:00 Travelogue
24 9:00 Destress & Stretch 10:00 Worship Online 1:00 <i>Hymn Sing Along</i> 2:30 Refreshments 3:00 Sunday Movie	25 9:00 Destress & Stretch 9:30 Headbanz! 10:00 Morning Shows 2:30 Refreshments 3:00 Afternoon Movie	26 9:00 Destress & Stretch 10:15 Charades Cards 1:30 Cooking Group 2:30 <i>Happy Hour</i>	27 9:00 Destress & Stretch 10:30 Cardio Drumming 1:30 Game Time 2:30 Refreshments	28 9:00 Destress & Stretch 1:30 Sing Along 2:30 Refreshments 3:00 MUSICAL BINGO HAPPY THANKSGIVING!!!! <small>Thanksgiving Day</small>	29 9:00 Destress & Stretch 10:30 Name 5 1:00 Afternoon Movie 2:30 Refreshments 3:00 Noodle Ball	30 9:00 Destress & Stretch 9:30 Trivia/Jokes 10:00 Morning Movie 2:30 Refreshments 3:00 Travelogue