| | Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|------------|--|---|--|--|---|--|--|
| ≈ " | 1 9:30 Devotion, Communion and Rosary 11:30 Beautiful Hymn Music | 9:30 Morning Makeovers 11:00 Fitness Trivia | Beauty Shop 3 10:00 Catholic Mass and Communion with Father Stan 11:00 Noodle Yoga 11:30 Unscramble that Word 1:00 Table Talk | 11:00 Stretch & Flex 11:30 Trivia 1:00 Hand Care 4:00 America Says 4:30 Word Games | 5 9:00 Motivated & Moving In Lobby 11:30 Name that Tune 1:00 Decorating for Party! 3:00 Early Light Supper | 11:00 Basketball 11:30 AC Game 1:00 Table Talk 2:00 Music Meditation 4:00 Trivia | 7 11:30 Stretching & Strength Exercises 2:00 Hydration Cart 3:30 Snack |
| | 11:30 Beautiful Hymn Music | 9 9:30 Morning Makeovers 11:00 Fitness Trivia 11:30 Nature Video 1:00 Christmas Coloring 2:00 Pictures with Santa & Mrs. Claus In MC Living Room | 11:30 Passport to Wellness 1:00 Table Talk | 11 11:00 Stretch & Flex 11:30 Trivia 1:00 Hand Care 4:00 Painting Snowmen | Choir Holiday | 13 11:00 Snowball Throwing 11:30 Touropia 1:00 Table Talk 2:00 Calm & Coloring with Music 4:30 Christmas Carols with Acapella Singers in the Lobby | 14 11:30 Stretching & Strength Exercises 2:00 Hydration Cart 3:30 Snack |
| | 11:30 Beautiful Hymn Music 4:30 Lions vs Bills | 16 9:30 Morning Makeovers 11:00 Fitness Trivia 11:30 Riddles 1:00 Coloring & Puzzle Relax 2:00 Rosary | 11:00 Parachute Team 11:30 AC Game 1:00 Table Talk 4:00 Happy Hour: | 18 11:00 Stretch & Flex 11:30 Trivia 1:00 Hand Care 4:00 Wheel of Fortune 4:30 Word Games | B 19 9:30 Morning Makeovers 11:00 Iron the Therapy Dog 11:30 Name that Dog 1:00 BINGO 4:00 Happy Hour: *Now Showing* It's a Wonderful Life | 20 11:00 Bean Bag Toss 11:30 December Trivia 1:00 Table Talk 2:00 Music Meditation 4:00 Trivia | 21 11:30 Stretching & Strength Exercises 2:00 Hydration Cart 3:30 Snack Winter Begins |
| | and Rosary 11:30 Beautiful Hymn Music 1:00 Lions vs Bears | 23 9:30 Morning Makeovers 11:00 Fitness Trivia 11:30 Name Five 1:00 Color & Puzzle Relax 2:00 Rosary 4:00 Tissue Paper Christmas Bulbs | Beauty Shop 24 11:00 Noodle Yoga 11:30 Name that Tune 1:00 White Christmas Christmas Eve | 25 <i>Merry</i> <i>Christmas</i> ^{Christmas} Hanukkah Begins | 9:30 Morning Makeovers 10:00 Communion & Rosary 11:00 Music & Motion 1:00 BINGO 4:00 Happy Hour: Radio City Music Hall Rockettes Performance | | , and the second s |
| | 11:30 Beautiful Hymn Music | 11:00 Fitness Trivia | 11:00 Noodle Ball 11:30 NYE Trivia 1:00 Table Talk 4:00 Happy Hour: What am I? | De | cem | ber 2 | Cambrian Memory Care |

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