

Sunday      Monday      Tuesday      Wednesday      Thursday      Friday      Saturday

# January 2025

*Cambrian Assisted Living*

<p>10:30 Exercise <b>1</b> 11:00 <b>Sweat 4 Sweets</b> 1:00 <b>Games, Games, Games!</b> 2:00 <b>Bible Study</b> 3:00 Ember &amp; Charlie 3:00 Dominoes</p> <p style="text-align: center;">New Year's Day</p>	<p>10:30 Exercise <b>2</b> 11:00 <b>Trivia</b> 1:30 <b>Chair Yoga</b> 2:00 Euchre/Game Time 3:00 HAPPY HOUR</p>	<p>9:30 Rosary 10:30 Exercise 11:00 Trivia 2:30 <b>Bingo</b> 3:30 TV in Media</p>	<p>10:30 Exercise <b>3</b> 11:00 Triva 1:30 <b>Chair Yoga</b> 2:00 Afternoon movie in Media Room <b>"What ever happened to Baby Jane"</b></p>			
<p>2:00 Worship <b>5</b> 3:30 TV in Media Room</p>	<p>10:00 Exercise <b>*Early Time*</b> 11:00 St. Elizabeth Mass 1:30 <b>Chair Yoga</b> 2:30 <b>Bingo</b></p>	<p>10:30 Exercise <b>6</b> 11:00 Sing Along 1:00 <b>Cookie Club</b> 1:30 <b>"Snow people" Door Decor!</b> 2:00 Euchre/Game Time 3:00 <b>Karaoke</b> HAPPY HOUR</p>	<p>10:30 Exercise <b>7</b> 11:00 <b>Sweat 4 Sweets</b> 1:00 <b>Games, Games, Games!</b> 2:00 <b>Bible Study</b> 3:00 Ember &amp; Charlie 3:00 Dominoes</p>	<p>10:30 Exercise <b>8</b> 11:00 <b>Trivia</b> 1:30 <b>Chair Yoga</b> 2:00 Euchre/Game Time 3:00 HAPPY HOUR</p>	<p>9:30 Rosary 10:30 Exercise 11:00 Trivia 2:30 <b>Bingo</b> 3:30 TV in Media</p>	<p>10:30 Exercise <b>9</b> 11:00 Triva 1:30 <b>Chair Yoga</b> 2:00 Afternoon movie in Media Room <b>"The Pink Panther"</b></p>
<p>2:00 Worship <b>12</b> 3:30 TV in Media Room</p>	<p>10:30 Exercise <b>13</b> 11:00 Random Trivia 1:30 <b>Chair Yoga</b> 2:30 <b>Bingo</b></p>	<p>10:30 Exercise <b>14</b> 11:00 Sing Along 1:00 <b>Cookie Club</b> 1:30 <b>"Latte Fun" Mug Painting!</b> 2:00 Euchre/Game Time 3:00 HAPPY HOUR</p>	<p>10:30 Exercise <b>15</b> 11:00 <b>Sweat 4 Sweets</b> 1:00 <b>Games, Games, Games!</b> 2:00 <b>Bible Study</b> 3:00 Ember &amp; Charlie 3:00 Dominoes</p>	<p>10:30 Exercise <b>16</b> 11:00 <b>Trivia</b> 1:30 <b>Chair Yoga</b> 2:00 Euchre/Game Time 3:00 HAPPY HOUR</p>	<p>9:30 Rosary 10:30 Exercise 11:00 Trivia 2:30 <b>Bingo</b> 3:30 TV in Media</p>	<p>10:30 Exercise <b>17</b> 11:00 Triva 1:30 <b>Chair Yoga</b> 2:00 Afternoon movie in Media Room <b>"MOTHER OF THE BRIDE"</b></p>
<p>2:00 Worship <b>19</b> 3:30 TV in Media Room</p> <p style="text-align: center;">Activity Professionals Week</p>	<p>10:30 Exercise <b>20</b> 11:00 Random Trivia 1:30 <b>Chair Yoga</b> 2:30 <b>Bingo</b></p> <p style="text-align: center;">Martin Luther King Jr. Day</p>	<p>10:30 Exercise <b>21</b> 11:00 Sing Along 1:00 <b>Cookie Club</b> 1:30 <b>"Winter Spa"!!!</b> 2:00 Euchre/Game Time 3:00 HAPPY HOUR</p>	<p>10:30 Exercise <b>22</b> 11:00 <b>Sweat 4 Sweets</b> 1:00 <b>Games, Games, Games!</b> 2:00 <b>Bible Study</b> 3:00 Ember &amp; Charlie 3:00 Dominoes</p>	<p>10:30 Exercise <b>23</b> 11:00 <b>Trivia</b> 1:30 <b>Chair Yoga</b> 2:00 Euchre/Game Time <b>(In Library)</b> 3:00 HAPPY HOUR</p>	<p>9:30 Rosary 10:30 Exercise 11:00 Trivia 2:30 <b>Bingo</b> 3:30 TV in Media</p>	<p>10:30 Exercise <b>24</b> 11:00 Triva 1:30 <b>Chair Yoga</b> 2:00 Afternoon movie in Media Room <b>"Blended"</b></p>
<p>2:00 Worship <b>26</b> 3:30 TV in Media Room</p> <p style="text-align: center;">Australia Day (Observed)</p>	<p>10:30 Exercise <b>27</b> 11:00 Random Trivia 1:30 <b>Chair Yoga</b> 2:30 <b>Bingo</b></p>	<p>10:30 Exercise <b>28</b> 11:00 Sing Along 1:00 <b>Cookie Club</b> 1:30 <b>"Cuddle up a little closer baby"</b> Fleece tie blankets 2:00 Euchre/Game Time 3:00 HAPPY HOUR</p>	<p>10:30 Exercise <b>29</b> 11:00 <b>Sweat 4 Sweets</b> 1:00 <b>Games, Games, Games!</b> 2:00 <b>Bible Study</b> 3:00 Ember &amp; Charlie 3:00 Dominoes</p> <p style="text-align: center;">Chinese New Year (Year of the Snake)</p>	<p>10:30 Exercise <b>30</b> 11:00 <b>Trivia</b> 1:30 <b>Chair Yoga</b> 2:00 Euchre/Game Time 3:00 HAPPY HOUR</p>	<p>9:30 Rosary 10:30 Exercise 11:00 Trivia 2:30 <b>Bingo</b> 3:30 TV in Media</p>	