

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



January 2025

1
 9:00 Destress & Stretch
 10:30 **Cardio Drumming**
 1:30 **Game Time**
 2:30 Refreshments
 3:00 **Sing Along**

New Year's Day

2
 9:00 Destress & Stretch
 10:30 **Sing Along**
 1:30 Afternoon Shows
 2:30 *Happy Hour*
 3:30 **MUSICAL BINGO**

3
 9:00 Destress & Stretch
 10:30 **Name 5**
 1:00 **Afternoon Movie**
 2:30 Refreshments
 3:00 **Noodle Ball**

4
 9:00 Destress & Stretch
 9:30 Trivia/Jokes
 10:00 **Morning Movie**
 2:30 Refreshments

5
 9:00 Destress & Stretch
 10:00 **Worship Online**
 1:00 *Hymn Sing Along*
 2:30 Refreshments
 3:00 Sunday Movie

6
 9:00 Destress & Stretch
 9:30 **Charades Cards!**
 10:00 Morning Shows
 2:30 Refreshments
 3:00 Afternoon Movie

7
 9:00 Destress & Stretch
 10:00 **Ladies Spa!**
 1:30 Game of Choice
 2:30 *Happy Hour*
 3:00 **Noodle Ball**

8
 9:00 Destress & Stretch
 10:30 **Cardio Drumming**
 1:30 **Game Time**
 2:30 Refreshments
 3:00 **Sing Along**

9
 9:00 Destress & Stretch
 10:30 **Sing Along**
 1:30 Afternoon Shows
 2:30 *Happy Hour*
 3:30 **MUSICAL BINGO**

10
 9:00 Destress & Stretch
 10:30 **Name 5**
 1:00 **Afternoon Movie**
 2:30 Refreshments
 3:00 **Noodle Ball**

11
 9:00 Destress & Stretch
 9:30 Trivia/Jokes
 10:00 **Morning Movie**
 2:30 Refreshments

12
 9:00 Destress & Stretch
 10:00 **Worship Online**
 1:00 *Hymn Sing Along*
 2:30 Refreshments
 3:00 Sunday Movie

13
 9:00 Destress & Stretch
 9:30 **Charades Cards!**
 10:00 Morning Shows
 2:30 Refreshments
 3:00 Afternoon Movie

14
 9:00 Destress & Stretch
 10:15 **CRAFTING HOUR!**
 2:00 Game of Choice
 2:30 *Happy Hour*
 3:00 **Noodle Ball**

15
 9:00 Destress & Stretch
 10:30 **Cardio Drumming**
 1:30 **Game Time**
 2:30 Refreshments
 3:00 **Sing Along**

16
 9:00 Destress & Stretch
 10:30 **Sing Along**
 1:30 Afternoon Shows
 2:30 *Happy Hour*
 3:30 **MUSICAL BINGO**

17
 9:00 Destress & Stretch
 10:30 **Name 5**
 1:00 **Afternoon Movie**
 2:30 Refreshments
 3:00 **Noodle Ball**

18
 9:00 Destress & Stretch
 9:30 Trivia/Jokes
 10:00 **Morning Movie**
 2:30 Refreshments

19
 9:00 Destress & Stretch
 10:00 **Worship Online**
 1:00 *Hymn Sing Along*
 2:30 Refreshments
 3:00 Sunday Movie

Activity Professionals Week

20
 9:00 Destress & Stretch
 9:30 **Charades Cards!**
 10:00 Morning Shows
 2:30 Refreshments
 3:00 Afternoon Movie

Martin Luther King Jr. Day

21
 9:00 Destress & Stretch
 10:15 **Cooking Group**
 2:00 Game of Choice
 2:30 *Happy Hour*
 3:00 **Noodle Ball**

22
 9:00 Destress & Stretch
 10:30 **Cardio Drumming**
 1:30 **Game Time**
 2:30 Refreshments
 3:00 **Sing Along**

23
 9:00 Destress & Stretch
 10:30 **Sing Along**
 1:30 Afternoon Shows
 2:30 *Happy Hour*
 3:30 **MUSICAL BINGO**

24
 9:00 Destress & Stretch
 10:30 **Name 5**
 1:00 **Afternoon Movie**
 2:30 Refreshments
 3:00 **Noodle Ball**

25
 9:00 Destress & Stretch
 9:30 Trivia/Jokes
 10:00 **Morning Movie**
 2:30 Refreshments

26
 9:00 Destress & Stretch
 10:00 **Worship Online**
 1:00 *Hymn Sing Along*
 2:30 Refreshments
 3:00 Sunday Movie

Australia Day (Observed)

27
 9:00 Destress & Stretch
 9:30 **Charades Cards!**
 10:00 Morning Shows
 2:30 Refreshments
 3:00 Afternoon Movie

28
 9:00 Destress & Stretch
 10:15 **Bucket Fishing!!!**
 2:00 Game of Choice
 2:30 *Happy Hour*
 3:00 **Noodle Ball**

29
 9:00 Destress & Stretch
 10:30 **Cardio Drumming**
 1:30 **Game Time**
 2:30 Refreshments
 3:00 **Sing Along**

Chinese New Year (Year of the Snake)

30
 9:00 Destress & Stretch
 10:30 **Sing Along**
 1:30 Afternoon Shows
 2:30 *Happy Hour*
 3:30 **MUSICAL BINGO**

31
 9:00 Destress & Stretch
 10:30 **Name 5**
 1:00 **Afternoon Movie**
 2:30 Refreshments
 3:00 **Noodle Ball**

9:00 Destress & Stretch
 9:30 Trivia/Jokes
 10:00 **Morning Movie**
 2:30 Refreshments