### alzheimer's $\Omega$ association $^{\circ}$



### Caregiver Support Group

## Presented by:

#### **Alzheimer's Association**

#### Michigan

Second Wednesday of the month Starting at 3 p.m.

Cambrian Senior Living 52365 10 Mile Rd. South Lyon, MI 48178

Please register by calling 800.272.3900 or by emailing helplinegmc@alz.org

Some meetings may take place virtually due to COVID-19. Please call Cambrian at 248-344-0001 to confirm the meeting is taking place in person.

# Build a support system with people who understand.

Alzheimer's Association® support groups, conducted by trained facilitators, are a safe place for people living with dementia and their care partners to:

- Develop a support system.
- Exchange practical information on challenges and possible solutions.
- Talk through issues and ways of coping.
- Share feelings, needs and concerns.
- Learn about community resources.