

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



1
9:00 Relaxing Morning Music
1:00 Winter Coloring
2:30 Movie Time



2 Beauty Shop
9:00 AM Tunes
10:00 Catholic Mass
10:30 Noodle Sports
2:30 Poppin' into the New Year
7:00 Red Wings Hockey

3 Beauty Shop
9:00 Basketball
10:00 Trivia
2:00 Sing-a-long
4:00 Happy Hour

4
10:00 Morning Stretch
11:00 Snow Ball Toss
2:00 Drum Circle w/ Sunny
3:00 Matinee Movie
7:30 Red Wings Hockey

5
10:00 Exercise
11:00 Categories Game
1:30 Lutheran Worship (AL)
2:00 Winter Painting

6
9:30 Catholic Communion (AL)
1:00 Rest & Relaxation
3:00 Music & Mandalas
5:00 Red Wings Hockey

7
10:00 Morning Exercise
11:00 Junk Drawer Detective
2:00 Bingo!
3:00 Andy Griffith Show

8 Beauty Shop
9:00 Basketball
10:00 Card Sharks
3:00 Pinecone Bird feeder
4:00 Happy Hour

9 Beauty Shop
9:00 Morning Music
10:15 Catholic Communion (AL)
10:30 Parachute Ball
2:00 **Out & About:** Bakery
6:00 Relaxing Tunes

10 Beauty Shop
9:00 Noodle Yoga
10:00 Remembering: Campbells Soup
2:00 Modge Podge Crafts
4:00 Happy Hour

11
9:00 Cardio Drumming
10:00 Brain Exercises
2:00 Game Time
3:00 Movie & Snacks: "Till the Clouds Roll By"

12
10:00 Stretch & Flex
11:00 ACE Bingo
1:30 Lutheran Worship (AL)
2:00 Muddy Buddies Snack

13
9:30 Catholic Communion (AL)
1:00 Color Therapy
2:30 Matinee Movie
6:00 Rest & Relaxation

14
10:00 AM Exercise
11:00 Story Time
2:00 UNO
3:00 Movie Monday: "The Pajama Game"

15 Beauty Shop
9:00 Noodle Sports
10:00 Categories Game
3:00 Shadow Boxes
4:00 Happy Hour

16 Beauty Shop
9:30 Hymn Sing
10:15 Catholic Communion(AL)
11:00 Worship w/ Jo
2:00 Yarn Snowman
6:00 Evening Mediation

17 Beauty Shop
9:00 Exercise Ball
10:00 Bird Bingo
2:00 Horse Racing
4:00 Happy Hour

18
10:30 **Bowling Outing**
2:00 Rest & Relaxation
3:00 Movie & Snacks: "Alice in Wonderland"
6:00 Mediation Music

19
10:00 Morning Movement
11:00 Rhyme Time
1:30 Lutheran Worship (AL)
2:00 Bubble Art

20
9:30 Catholic Communion (AL)
10:00 Morning Movie
1:00 Mandala Art
6:00 Relaxing Music

21
10:00 Morning Exercise
11:00 ACE Bingo
2:00 Game Time
3:00 Dick Van Dyke

22 Beauty Shop
9:00 Snowball Toss
10:00 Brain Games
3:00 Shadow Boxes
4:00 Happy Hour

23 Beauty Shop
9:00 Music n' Motion
10:15 Catholic Communion(AL)
11:00 Horse Racing
2:00 Bubble Wrap Art

24 Beauty Shop
9:00 Basketball
10:00 Trivia Time
2:00 Scrap Book Pages
4:00 Happy Hour

25
9:00 AM Exercise
10:00 Sweet Stories
1:45 Drums Alive!
3:00 Movie & Snack: "Joseph & the Technicolor Dreamcoat"

26
10:00 Parachute Ball
11:00 Name Game
1:30 Lutheran Worship (AL)
2:00 Winter Sun Catcher

27
9:30 Catholic Communion (AL)
10:30 Morning Music
1:00 Netflix Movie
4:00 Color Therapy

28
9:00 AM Exercise
11:00 Reminisce Stories
2:00 Bingo!
3:00 Monday Musical: "The Royal Wedding"

29 Beauty Shop
9:00 Stretch & Flex
10:00 Card Games
3:00 Shadow Boxes
4:00 Happy Hour

30 Beauty Shop
9:00 Hymn Sing
10:15 Catholic Communion(AL)
10:30 Exercise Ball
2:00 **Out & About:** Kensington
6:00 Rest & Relaxation

31 Beauty Shop
9:00 Noodle Sports
10:00 Looking Ahead to February
1:30 Marble Art
4:00 Happy Hour

***Assisted Living (AL)**

***Beauty Shop & Manicures By Appointment**

