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| Sunday  August 11, 2019 | Monday  August 12, 2019 | Tuesday  August 13, 2019 | Wednesday  August 14, 2019 | Thursday  August 15, 2019 | Friday  August 16, 2019 | Saturday  August 17, 2019 |
| Cereal  Toast  Cheesy Eggs  Bacon  Fresh Pineapple  Coffee/Tea  Juice/Milk | Rice Krispies  Waffles  Strawberries &  Whip Cream  Orange Slices  Coffee/Tea  Juice/ Milk | Oatmeal  Fresh Kiwi Slices  Ham & Cheese  Biscuit  Coffee/Tea  Juice/ Milk | Cornflakes  Banana  Eggs  Bacon  English Muffin  Coffee/Tea  Juice/Milk | Oatmeal  Breakfast Quiche  Sausage Links  Fresh Melon  Coffee/ Tea  Juice/ Milk | Cereal  Pancakes  Blueberry Sauce &  Whip Cream  Bacon  Coffee/Tea  Juice/Milk | Cream of Wheat  Scrambled Eggs  Sausage Patty  Toast  Coffee/ Tea  Juice/Milk |
| Lunch |  |  |  |  |  |  |
| Meatloaf  Mash Potato  Capri Vegetables  Ice Cream Sundae  Juice/Milk  Coffee/Tea | Steak Shish Kabob  On a bed of Vegetable Orzo  Pita Bread  Garlic Sauce  Chocolate Cake  Juice/Milk  Coffee/ Tea | Fried Chicken  Northern Beans  Roasted Parmesan  Tomato Jam  Cornbread  Banana Pudding  Juice/Milk  Coffee/ Tea | Shrimp Scampi  Over Linguini  Cobb Salad  Garlic Bread Stick  Mousse  Juice/ Milk  Coffee/Tea | Pulled Pork  Sandwich  Coleslaw  Baked Beans  Strawberry Shortcake  Juice/ Milk Coffee/Tea | Mini Cheeseburger  Sliders  Fries  Caprese Salad  Root Beer Float  Juice/Milk  Coffee/ Tea | Roasted Chicken  Vegetable Rice  Buttered Corn  Boston Cream Pie  Juice Milk  Coffee/Tea |
| Dinner |  |  |  |  |  |  |
| Manicotti  Seasoned Cauliflower  Breadstick  Double Chocolate  Chip Cookies  Juice/Milk  Coffee/Tea | Chicken Florentine  Pasta  Dinner Roll  Smores Delight  Juice/Milk  Coffee/Tea | Pepperoni Pizza  Breadstick  Caesar Salad  Assorted Desserts  Juice/Milk  Coffee/Tea | Pesto Chicken  Caprese Sandwich  Onion Strings  Cupcakes  Juice/Milk  Coffee/Tea | Vegetable Beef Stew  Biscuit  Peach Pie  Juice/Milk  Coffee/Tea | Gourmet Grilled  Cheese  Basil Tomato Soup  Soup  Assorted Desserts  Juice/Milk  Coffee/Tea | Ham & Cheese  Panini  Butternut Squash  Soup  Confetti Cream Puffs  Juice/Milk  Coffee/Tea |
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| Sunday  March 12, 2017  **Breakfast** | Monday  March 13,2017 | Tuesday  March 14, 2017 | Wednesday  March 15, 2017 | Thursday  March 16, 2017 | Friday  March 17, 2017 | Saturday  March 18, 2017 |
| Cereal  Scrambled Eggs  Sausage Patties  Toast  Milk  Juice | Cereal  Soft Boiled Eggs  Canadian Bacon Scramble  Milk  Juice | Cereal  Western Scramble  Sausage Links  Toast  Milk  Juice | Cereal  Egg & Cheese  Muffin  Fruit Bowl  Milk  Juice | Cereal  Cheese Omelet  Bacon  Toast  Milk  Juice | Cereal  Scrambled Eggs  Sausage Biscuit  Gravy  Milk  Juice | Cereal  Chilled Peaches  Greek Quiche  Bacon  Milk  Juice |
| **Lunch** |  |  |  |  |  |  |
| Pot Roast  Carrots/ Celery  Potatoes  Ice Cream | Pulled Pork  Baked Beans  Coleslaw  Pineapple  Upside Down  Cake | Soup Du jour  Chicken Salad  On a Croissant  3 Bean Salad  Cookie of the Day | Chili Mac  Garden Salad  French Bread  Assorted Desserts | Corn Beef  Cabbage  Red Bliss Potatoes  Dinner Roll  Fruited Jello | Soup Du jour  Tuna Salad  On a Bed of Lettuce  Fresh Tomato Slices  Crackers  Pistachio Whip | Turkey Tetrazzini  Sweet Peas  Biscuit  Chocolate Ice Cream |
| **Dinner** |  |  |  |  |  |  |
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| Vegetable Beef Soup  Grilled Turkey Deluxe  Cookies n Cream | Mini  Pepperoni  Pizza  Caesar Salad  Fruit Medley | Slider  Cheeseburgers  Tater Tots  Vegetable Medley  Assorted Desserts | Hot Ham & Cheese  Sandwich  Chips  Mandarin Salad  Chocolate Ice Cream | Vegetable  Lasagna  Breadsticks  Carrot Raisin  Salad | Sweet Sour  Chicken  Rice  Green Beans  Assorted Desserts | Baked Fish  Macaroni Salad  Broccoli  Cookie of the Day |
| **Dinner** |  |  |  |  |  |  |
| Grilled Ham & Cheese  Cheddar Broccoli Soup  Chips  Ice Cream | Deli Sub  Potato Salad  Strawberry Cupcakes | Baked Fish  Steak Fries  Creamy Coleslaw  Assorted Desserts | Open Faced  Turkey  Sandwich  Mashed Potato  Gravy  Beets  Chocolate Ice Cream | Mushroom Beef Tips  Egg Noodles  Sweet Peas  Cookie Of The Day | Savory Baked Chicken  Vegetable  Medley  Escalloped Apples Vanilla Ice Cream | Mini Cheeseburgers  Lettuce/Tomato  French Fries  Baked Beans  Assorted Desserts |
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| Sunday  Oct-09, Nov-13, Dec-18, n- 22, Feb-26. Apr-02  Breakfast | Monday  Oct-10, Nov-14, Dec-19, Jan-  23. Feb-27, Apr-03 | Tuesday  Oct-Il, Nov-15. Dec-20, Jan24, Feb-28, Apr-04 | Wednesday  Oct-12. Nov-16. Dec-21 , Jan25, Mar-Ol. Apr-05 | Thursday  Oct-13. Nov-17, Dec-22. Jan26, Mar-02. Apr-06 | Friday  Oct-14, Nov-18, Dec-23, Jan27, Mar-03, Apr-07 | Saturday  Oct-15, Nov-19, Dec-24, Jan28, Mar-04, Apr-08 |
| Choice of Hot Cereal  Choice of Cold Cereal  Fresh Fruit Cup  Cambrian Fruited Oatmeal  Bacon  Toast  Juice of Choice 2% Milk  Coffee/Tea | Choice of Hot Cereal  Choice of Cold Cereal  Mandarin Oranges  Cheese Omelet  Canadian Bacon  Toast  Juice of Choice 2% Milk  Coffee/Tea | Choice of Hot Cereal  Choice of Cold Cereal  Fresh Fruit Cup  Ham-Vegetable Hash  Toast  Juice of Choice 2% Milk  Coffee/Tea | Choice of Hot Cereal  Choice of Cold Cereal  Grapefruit Sections  French Toast Casserole  Sausage Links  Juice of Choice 2% Milk  Coffee/Tea | Choice of Hot Cereal  Choice of Cold Cereal  Fresh Fruit Cup  Bacon Egg Cheese Muffin Juice of Choice  2 0/0 Milk  Coffee/Tea | Choice of Hot Cereal  Choice of Cold Cereal  Fruit Cocktail  Breakfast Casserole Juice of Choice 2% Milk  Coffee/Tea | Choice of Hot Cereal  Choice of Cold Cereal  Fruit Cup  Scrambled Eggs  Canadian Bacon  Toast  Juice of Choice 2% Milk  Coffee/Tea |
| Lunch |  |  |  |  |  |  |
| Cream of Mushroom  Tossed Salad Roast Turkey  Mashed Potatoes  Cornbread Stuffing  Gravy  Corn  Dinner Roll  Jellied Cranberry Sauce  Dutch Apple Pie  Vanilla Ice Cream  2% Milk  Coffee/Tea | Vegetable Chowder  Tossed Salad Goulash  Lima Beans  Vanilla Pudding Cake Vanilla Ice Cream  2% Milk  Coffee/Tea | Chopped Sirloin Soup Tossed Salad  Italian Baked Chicken  Sweet Potato Tots  Broccoli  Assorted Desserts  Vanilla Ice Cream  2% Milk  Coffee/Tea | Chicken and Barley Soup  Tossed Salad  Parmesan Breaded Pork  Parsley Noodles  Green Peas Apple Crisp  Vanilla Ice Cream 2% Milk  Coffee/Tea | French Onion Soup  Tossed Salad  Chicken Cordon Bleu Mashed Potatoes  Gravy  California Vegetable Blend  Oreo Pie  Vanilla Ice Cream  2% Milk  Coffee/Tea | Boston Clam Chowder  Tossed Salad  Breaded Baked Pollock Baked Potato  Cole Slaw  Tartar Sauce Assorted Desserts  Vanilla Ice Cream  2% Milk  Coffee,'Tea | Roasted Vegetable soup Tossed Salad  Turkey Butternut Squash  Bake  Egg Noodles  Carrots  Dreamsicle Gelatin  Vanilla Ice Cream  2% Milk  Coffee/Tea |
| Dinner |  |  |  |  |  |  |
| Cream of Mushroom  Tossed Salad  Grilled Cajun Pork Chop  Applesauce  Baked Sweet Potato Half  Green Peas  Cookie of the day  Vanilla Ice Cream  2% Milk  Coffee/Tea | Vegetable Chowder  Tossed Salad  Fish and Chips  Creamy Cole Slaw  Waffle Fries  Cookie of the day  Vanilla Ice Cream  2% Milk  Coffee/Tea | Chopped Sirloin Soup  Tossed Salad  Cheese Ravioli w/ Marinara  Mixed Vegetables Breadstick  Cookie of the day  Vanilla Ice Cream 2% Milk  CoffeefTea | Chicken and Barley Soup Tossed Salad  Beef Stew over Buttermik  Biscuit  Buttermilk Biscuit Corn  Cookie of the day  Vanilla Ice Cream  2% Milk  Coffee/Tea | French Onion Soup  Tossed Salad  Grilled Chicken Sandwich  Steak Fries  Broccoli Raisin Salad Cookie of the day  Vanilla Ice Cream 2% Milk  Coffee/Tea | Boston Clam Chowder  Tossed Salad  Ham and Veggie Quiche  Butter Croissant Fruit Medley  Cookie of the day  Vanilla Ice Cream  2% Milk  Coffee/Tea | Roasted Vegetable soup  Tossed Salad  Sloppy Joe  Steak Fries  Marinated Cucumbers  Cookie of the day  Vanilla Ice Cream  2% Milk  Coffee/Tea |
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| Sunday  Oct-16. Nov-20, Dec-25, Jan- 29, Mar-05, Apr-09  Breakfast | Monday  Oct-17, Nov-21, Dec-26. Jan30, Mar-06, Apr-IO | Tuesday  Oct-18, Nov-22, Dec-27, Jan- 31, Mar-07, Apr-Il | Wednesday  Oct-19, Nov-23, Dec-28, Feb-  01. Mar-08, Apr-12 | Thursday  Oct-20. Nov-24, Dec-29, Feb-  02. Mar-09, Apr-13 | Friday  Oct-21. Nov-25, Dec-30, Feb- 03, Mar-10, Apr-14 | Saturday  Oct-22, Nov-261 Dec-31, Feb-  04. Mar-ll. Apr-15 |
| Choice of Hot Cereal  Choice of Cold Cereal  Fresh Fruit Cup  Eggs Over Easy Sausage Links  Toast  Juice of Choice 2% Milk  Coffee/Tea | Choice of Hot Cereal  Choice of Cold Cereal  Mandarin Oranges  Cheese Omelet  Ham  Toast  Juice of Choice 2% Milk  Coffee/Tea | Choice of Hot Cereal  Choice of Cold Cereal  Fruit Cup  Scrambled Eggs  Bacon  Pancakes  Juice of Choice 2% Milk  Coffee/Tea | Choice of Hot Cereal  Choice of Cold Cereal  Grapefruit Sections  French Toast  Canadian Bacon  Juice of Choice  2 0/0 Milk  Coffee/Tea | Choice of Hot Cereal  Choice of Cold Cereal  Western Scramble  Fresh Fruit Cup  Corn Muffin  Juice of Choice 2% Milk  CoffeefTea | Choice of Hot Cereal  Choice of Cold Cereal  Fruit Cocktail  Sausage Egg Cheese Biscuit  Juice of Choice 2% Milk  Coffee/Tea | Choice of Hot Cereal  Choice of Cold Cereal  Peaches  Homemade Buttermilk  Pancakes  Sausage Links  Toast  Juice of Choice 2% Milk  Coffee/Tea |
| Lunch |  |  |  |  |  |  |
| Beef Barley Soup  Tossed Salad  Pork Roast  German Potato Salad  Veg Blend  Wheat Dinner Roll  Pumpkin Spice Bars  Vanilla Ice Cream 2% Milk  Coffee/Tea | Italian Wedding Soup  Tossed Salad Cheese Tortellini/Rigatoni w/Red Sauce  Steamed Broccoli  Garlic Toast  Eclair Dessert  Vanilla Ice Cream 2% Milk  Coffee/Tea | Chunky Vegetable Soup  Tossed Salad  Balsamic Marinated Beef Tips  Egg Noodles  Sugar Snap Peas  Assorted Desserts  Vanilla Ice Cream  2% Milk  Coffee/Tea | Stuffed Green Pepper Soup  Tossed Salad  Baked Glazed Ham  Scalloped Potatoes  Green Peas  Peanut Butter Pie  Vanilla Ice Cream 2% Milk  Coffee/Tea | Tomato Rice Soup  Tossed Salad  Quiche Lorraine  Dinner Roll  California Pasta Salad  Homemade Brownies  Vanilla Ice Cream 2% Milk  Coffeerrea | Boston Clam Chowder  Tossed Salad  Fried Shrimp  Steak Fries  Cole Slaw  Assorted Desserts Vanilla Ice Cream 2% Milk  Coffee/Tea | Beef Noodle Soup  Tossed Salad  Turkey Pot Roast Mashed Potatoes  Gravy  Orange Glazed Beets  Fruits of the Forest Pie  Vanilla Ice Cream  2% Milk  Coffee/Tea |
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| Beef Barley Soup  Tossed Salad  Patty Melt  Waldorf Salad  Cookie of the day Vanilla Ice Cream 2% Milk  Coffee/Tea | Italian Wedding Soup  Tossed Salad  Baked Chicken  O'Brien Potatoes  Sunshine Carrots Cookie of the day Vanilla Ice Cream 2% Milk  Coffee/Tea | Chunky Vegetable Soup  Tossed Salad  Grouper Tenders  Macaroni & Cheese  Northwest Vegetable Blend  Cookie of the day Vanilla Ice Cream  2% Milk  Coffee/Tea | Stuffed Green Pepper Soup  Tossed Salad  Turkey a la King  Buttermilk Biscuit  Cookie of the day Vanilla Ice Cream 2% Milk  Coffee/Tea | Tomato Rice Soup  Tossed Salad  Cambrian Cordon Bleu  Sandwich  Three Bean Salad  Cookie of the day Vanilla Ice Cream 2% Milk  Coffee/Tea | Boston Clam Chowder  Tossed Salad  Cambrian Hamburger Gravy  Mashed Potatoes  Super Sweet Corn Cookie of the day Vanilla Ice Cream 2% Milk  Coffee/Tea | Beef Noodle Soup  Tossed Salad  Cabbage Roll Stfd w/ Sce  Carrots  Cookie of the day Vanilla Ice Cream 2% Milk  Coffee/Tea |
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