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| Sunday  November 3, 2019 | Monday  November 4, 2019 | Tuesday  November 5, 2019 | Wednesday  November 6, 2019 | Thursday  November 7 , 2019 | Friday  November 8, 2019 | Saturday  November 9 , 2019 |
| Fresh Baked Cinnamon Rolls  Scrambled Eggs  Orange Slices  Coffee/Tea  Juice/Milk | Banana  Cereal  Cheesy Eggs  Bacon  Coffee/Tea  Juice/ Milk | Cereal  Hashbrown  Egg Bake  Toast  Grapes/ Peaches  Coffee/Tea  Juice/ Milk | Cereal  English Muffin  Canadian Bacon  Fried Eggs  Sandwich  Fresh Pineapple  Coffee/Tea  Juice/Milk | Cereal  Buttered Croissant  Western Egg Bake  Sausage Links  Coffee/ Tea  Juice/ Milk | Cereal  Waffles  Strawberry Sauce  Sausage Links  Coffee/Tea  Juice/Milk | Cereal  Eggs  Toast  Fresh Melon  Coffee/ Tea  Juice/Milk |
| Lunch |  |  |  |  |  |  |
| Glazed Honey Ham  Sweet Potato  Green Beans  Hawaiian Roll  Strawberry Shortcake  Juice/ Milk  Coffee/Tea | Chicken Ceaser Wrap  Deluxe  Fresh Grapes  Broccoli Cheddar Soup  Chocolate Mousse  Juice/Milk  Coffee/ Tea | Spaghetti with  Meat Sauce  Berry Spinach Salad  Breadstick  Lemon Cake  Juice/Milk  Coffee/ Tea | Chicken Marsala  Mash Potato  Spinach Medley  Cherry Cheesecake  Juice/Milk  Coffee/Tea | Creole Sausage &  Chicken & Shrimp  Pasta  Dinner Roll  Banana Cream Pie  Juice/ Milk  Coffee/ Tea | Garlic Grilled  Tilapia  Rice Pilaf  California Medley  Strawberry Whip  Juice/Milk  Coffee/ Tea | Stuffed Peppers  Roasted Carrots  Breadstick  Chocolate Chip Cookie  Juice/ Milk  Coffee/Tea |
| Dinner |  |  |  |  |  |  |
| Sloppy Joe/ Jane  Tater Tots  Buttered Peas  Chocolate Brownie  Juice/ Milk  Coffee/ Tea | Pesto Ravioli  Roasted Medley  Of Squash  Garlic Bread  Rainbow Sherbet  Juice/ Milk  Coffee/ Tea | Gourmet BLT  Sandwich  Vegetable Soup  Banana Split Parfait  Juice/ Milk  Coffee/ Tea | Cambrian 3 Cheese Pizza  Garlic Breadstick  Cucumber& Tomato  Salad  Chocolate Cream Puff  Juice/ Milk  Coffee/ Tea | Sub Sandwich  Potato Chips  Italian Wedding  Soup  Assorted Desserts  Juice/ Milk  Coffee/ Tea | Quiche Lorraine  Butternut Squash  Soup  Oyster Crackers  Peach Pie  Juice/ Milk  Coffee/ Tea | Turkey Deluxe  Sandwich  Chicken Tortilla Soup  Ice cream with Strawberry Sauce  Juice/ Milk  Coffee/ Tea |

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| Sunday November 10, 2019 | Monday  November 11, 2019 | Tuesday  November 12, 2019 | Wednesday  November 13, 2019 | Thursday  November 14, 2019 | Friday  November 15, 2019 | Saturday  November 16, 2019 |
| Oatmeal  French Toast  Sausage Links  Tropical Fruit  Coffee/Tea  Juice/Milk | Creamy Grits  ScrambledEggs  Bacon  Toast  Coffee/Tea  Juice/ Milk | Cereal  Western Scramble  Toast  Fresh Fruit Bowl  Coffee/Tea  Juice/ Milk | Cereal  Corn Beef Hash  Fried Eggs  Rye Toast  Coffee/Tea  Juice/Milk | Oatmeal  Eggs Benedict  Ham Slices  Kiwi Slices  Coffee/ Tea  Juice/Milk | Cereal  Pancakes with  Maple Syrup  Bacon  Coffee/Tea  Juice/Milk | Cereal  Eggs  Bacon  Toast  Fresh Pineapple  Coffee/ Tea  Juice/Milk |
| Lunch |  |  |  |  |  |  |
| Beef Strogonoff  Buttered Noodles  Broccoli  Berry Forest Pie  Juice/Milk  Coffee/Tea | Deluxe Chicken  Sandwich  Sweet Potato Fries  Cranberry Relish  Pears Ala Mode  Juice/Milk  Coffee/Tea | Manicotti  Greek Salad  Garlic Bread  Double Chocolate  Cake  Juice/Milk  Coffee/Tea | Fried Chicken  Baked Beans  Potato Salad  Apple Crisp  Juice/Milk  Coffee/Tea | Seasoned Pork Loin  3 Cheese AuGratin  Potato  Spinach Saute  Fresh Baked Cookie  Juice/ Milk  Coffee/Tea | Cambrian Chili  Cheese /Sour Cream  Chives  Cornbread  Confetti Cream Puffs  Juice/Milk  Coffee/Tea | Baked Italian Penne  Roasted Veggies  Breadstick  Butterscotch  Pudding Parfait  Juice/ Milk  Coffee/Tea |
| Dinner |  |  |  |  |  |  |
| Gourmet Ham Sandwich  Blt Pasta Salad  Fruited Jell-O  Juice/Milk  Coffee/Tea | Turkey Ala King  With Toast Points  Buttered Corn  Ice Cream  Juice/Milk  Coffee/Tea | Gourmet Grilled Cheese  Chips  Tomato Bisque  Soup  Fruited Jell-O  Juice/Milk  Coffee/Tea | Vegetable Beef Stew  Biscuit  Garlic Breadstick  Carmel Sea Salt Ice  Cream  Juice/Milk  Coffee/Tea | Chicken Salad  on a Bed of Lettuce  with Crackers  Butternut Squash  Cherry Turnover  Juice/Milk  Coffee/Tea | Fried Fish Basket  Onion Rings  Coleslaw  Sherbet  Juice/Milk  Coffee/Tea | Chicken Tenders with  Honey Mustard  French Fries  Orzo Salad  Assorted Desserts  Juice/Milk  Coffee/Tea |
| Sunday November 17, 2019 | Monday  November 18, 2019 | Tuesday  November 19, 2019 | Wednesday  November 20, 2019 | Thursday  November 21, 2019 | Friday  November 22, 2019 | Saturday  November 23, 2019 |
| Oatmeal  Ham & Cheese  Croissant  Orange Slices  Coffee/Tea  Juice/Milk | Cereal  Biscuits & Sausage  Gravy  Scramble Eggs  Pineapple  Coffee/Tea  Juice/ Milk | Fried Egg & Cheese  Canadian Bacon  Sandwich  Mandarin Oranges  Coffee/Tea  Juice/ Milk | Cereal  Coffee Cake  Western Scramble  Yogurt & Berries  Coffee/Tea  Juice/Milk | Oatmeal  Danish  Eggs  Fresh Melon Bowl  Coffee/ Tea  Juice/Milk | Cereal  Hash browns  Parmesan Egg Crisp  Ham Slices  Coffee/Tea  Juice/Milk | Cereal  Confetti Eggs  Sausage Links  Toast  Coffee/ Tea  Juice/Milk |
| Lunch |  |  |  |  |  |  |
| Roasted Chicken  Creamy Mushroom  Rice  Buttered Corn  Yeast Roll  Pineapple Upside Cake  Juice/Milk  Coffee/Tea | Salisbury Steak  Mashed Potato  Fried Cabbage  Vanilla Ice Cream & Chocolate Sauce  Juice/Milk  Coffee/Tea | Shrimp Scampi  Over Linguini  BreadStick  Roasted Asparagus  Key Lime Pie  Juice/Milk  Coffee/Tea | Bacon Cheeseburger  Lettuce/ Tomato  French Fries  Pickle  Angel Food Cake  Juice/Milk  Coffee/Tea | Ziti with Kale Pesto  & Crispy Bacon  Cobb Salad  Garlic Bread  Mousse  Juice/ Milk  Coffee/Tea | Chicken Cordon Bleu  Orzo Risotto  with Chives  Glazed Carrots  Lemon Whip  Juice/Milk  Coffee/Tea | Roasted Turkey  Herb Infused Gravy  Mashed Potato  Cornbread Dressing  Green Bean Almondine  Cranberry Sauce  Dinner Roll  Pumpkin Cheesecake  Juice/ Milk  Coffee/Tea |
| Dinner |  |  |  |  |  |  |
| Grilled Bratwurst  Saukraut/Peppers  Onions  Scalloped Potato  Fresh Baked Cookies  Juice/Milk  Coffee/Tea | Ultimate Macaroni &  Cheese  Stewed Tomato  Peas  Cherry Pie  Juice/Milk  Coffee/Tea | Turkey Club Sandwich  Chips / Mash  Cream Of Potato Soup  Brownies  Juice/Milk  Coffee/Tea | Chicken & Noodles  With Veggies  Buttery Biscuit  Mint Chocolate Chip  Ice Cream  Juice/Milk  Coffee/Tea | Corn Dogs  French Fries  Carrots & Ranch  Cupcake  Juice/Milk  Coffee/Tea | Gourmet Grilled Cheese  Tomato Soup  Caprese Salad  Assorted Desserts  Juice/Milk  Coffee/Tea | Quiche Lorraine  Pickle  Cream of Broccoli  Soup  Fresh Baked Cookie  Juice/Milk  Coffee/Tea |
| Sunday  November 24, 2019 | Monday  November 25, 2019 | Tuesday  November 26, 2019 | Wednesday  November 27, 2019 | Thursday  November 28, 2019 | Friday  November 29, 2019 | Saturday  November 30, 2019 |
| Oatmeal  Oven Baked Scones  Eggs  Bacon  Coffee/ Tea  Milk/ Juice | Cereal  Biscuits & Honey  Cheesy Eggs  Fresh Pineapple  Coffee/ Tea  Milk/ Juice | Cold Cereal  Eggs  Corn Beef Hash  RyeToast  Coffee/ Tea  Milk/ Juice | Oatmeal  Fiesta Breakfast  Bake  Melon  Coffee/ Tea  Milk /Juice | Cereal  French Toast  Sausage Patty  Coffee/ Tea  Milk/ Juice | Cereal  Banana Bread  Eggs  Bacon  Coffee/ Tea  Milk / Juice | Waffles & Syrup  Chicken  Fresh Fruit Berries  Coffee/Tea  Milk/ Juice |
| Lunch |  |  |  |  |  |  |
| Honey Baked Ham  Sweet Potato  Green Beans  Chocolate Cream Pie  Coffee/ Tea  Milk/ Juice | Sweet & Sour  Chicken  over Rice  Egg Roll  Coconut Cake  Coffee/ Tea  Milk/ Juice | Taco Salad  Lettuce/Tomato  Sour Cream/Onions  Black Beans  Churro Donut  Coffee/ Tea  Milk / Juice | Cambrian  Shrimp & Grits  Asparagus  Peach Cobbler  Coffee/ Tea  Milk/ Juice | Turkey & Gravy  Mashed Potato  Honey Roasted Carrots  Crescent Rolls  Pumpkin Pie  Coffee/ Tea  Milk/ Juice | Grilled Steak  Baked Potato  Cobb Salad  Jell-O Cake  Coffee/ Tea  Milk/ Juice | Oven Breaded Pork  Chop  Creamy Orzo  Brussel Sprouts  Peach Pie  Coffee/ Tea  Milk/ Juice |
| Dinner |  |  |  |  |  |  |
| Turkey & Swiss  Panini  Butternut Squash Soup  Ice Cream  Coffee/ Tea  Milk / Juice | Philly Cheesesteak  Mushroom/Peppers  Onions  Roasted Reds  Rice Krispie Treat  Coffee/ Tea  Milk/ Juice | Deluxe Fish On Bun  Tartar Sauce  Fries  Brownie  Coffee/ Tea  Milk/ Juice | Shredded Chicken  Gyro  Italian Wedding Soup  Ice Cream  Coffee/Tea  Milk/ Juice | BLT Sandwich  Chicken Noodle  Soup  Double Chocolate  Cookies  Coffee/ Tea  Milk/ Juice | Tuna Pasta Salad  Tomato Wedges  Crackers  Oreo Whip  Coffee/ Tea  Milk/ Juice | Turkey Tetrazzini  Garden Peas  Yeast Roll  Assorted Desserts  Coffee/ Tea  Milk/ Juice |