

SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

Outings scheduled weather permitting.

Activities are subject to change, please see daily sheets posted at Cambrian

January 2020

Podiatry

Beauty Salon & Manicures by Appointment



<p>5 10:00 Rosary & Catholic Visitors 3:00 Worship Service (AL) 6:30 Hymn Sing</p>	<p>6 9:30 Tai Chi 1:30 Happy Feet 2:30 Snack Social 3:00 Short Stories 4:00 Rest and Relax 6:00 Monday Movie:</p>	<p>7 10:00 AM Exercise 10:00 Visits with Volunteer 11:00 Visits with Volunteer 2:30 Ladies Bible Study 4:00 Rest and Relax 6:00 Adult Coloring</p>	<p>1 Happy New Year! 10:00 AM Exercise 1:45 Walking Club 3:30 Snack, Rest & Relax 6:00 Conversation Club & Reminisce</p>	<p>2 9:30 Stretch & Flex 10:00 Trivia 2:00 Piano with Helen 2:30 Thirsty Thursday 3:30 Reminisce 4:00 Rest and Relax 6:00 Hand Massage & Relaxation</p>	<p>3 9:30 Morning Music 10:45 Name 5 3:00 Music & Mocktails 6:00 Movie Night: <i>Eight Below</i></p>	<p>4 9:15 Morning Music 11:00 Conversation Club 1:30 Happy Feet 4:00 Reminisce 6:30 Manicures</p>
<p>12 10:00 Rosary & Catholic Visitors 3:00 Worship Service (AL) 6:30 Hymns Sing</p>	<p>13 9:30 Tai Chi 2:00 Drum Circle 2:30 Snack Social 3:00 Short Stories 6:00 Monday Movie:</p>	<p>14 10:00 AM Exercise 11:00 Visits with Volunteer 2:30 Snack Social 4:00 Rest and Relax 6:00 Adult Coloring</p>	<p>8 Beauty Shop 10:30 Craft Connection 1:45 Walking Club 4:00 Rest and Relax 6:00 Conversation Club & Reminisce</p>	<p>9 Manicures 9:30 Stretch & Flex 10:00 Trivia 2:00 Piano with Helen 2:30 Thirsty Thursday 3:30 Reminisce 4:00 Rest and Relax 6:00 Hand Massage & Relaxation</p>	<p>10 9:30 Morning Music 10:30 Bible Study 1:30 Happy Feet 2:30 Snack Social 4:00 Rest and Relax 6:00 Movie & Popcorn:</p>	<p>11 9:15 Morning Music 11:00 Conversation Club 2:30 Snack Social 4:00 Rest & Relax 6:30 Manicures /</p>
<p>19 10:00 Rosary & Catholic Visitors 3:00 Worship Service (AL) 6:30 Hymns Sing</p>	<p>20 9:30 Tai Chi 2:30 Snack Social 3:00 Short Stories 4:00 Rest & Relaxation 6:30 Monday Movie:</p>	<p>21 10:00 AM Exercise 2:00 Flower Arranging 2:30 Snack Social 3:30 Cookie Club 4:00 Rest and Relax 6:00 Adult Coloring</p>	<p>15 Beauty Shop 10:30 Craft Connection 1:30 Happy Feet 2:30 Snack Social 3:00 Rest & Relaxation 6:00 Conversation Club & Reminisce</p>	<p>16 9:30 Stretch & Flex 10:00 Trivia 1:30 Happy Feet 2:00 Piano with Helen 2:30 Snack Social 6:00 Hand Massage & Relaxation</p>	<p>17 9:30 Morning Music 10:00 Exercise 3:00 Out and About 4:00 Rest & Relax 6:00 Movie Night:</p>	<p>18 9:15 Morning Music 11:00 Conversation Club 2:30 Snack Social 4:00 Rest and Relax 6:30 Manicures/ Sentimental Reflections</p>
<p>26 10:00 Rosary & Catholic Visitors 3:00 Worship Service (AL) 6:30 Hymns Sing</p>	<p>27 9:30 Tai Chi 10:45 Lunch Bunch* 11:00 Reminisce 3:00 Short Stories 4:00 Rest & Relaxation 6:00 Netflix Night</p>	<p>28 10:00 AM Exercise 2:00 Flower Arranging 2:30 Snack Social 4:00 Rest & Relaxation 6:00 Adult Coloring</p>	<p>22 Beauty Shop 9:30 Music and Movement 10:00 Toss Across 1:30 Happy Feet 2:30 Snack Social 3:00 Rest and Relaxation 4:00 Rest & Relax 6:00 Conversation Club & Reminisce</p>	<p>23 Manicures 10:00 AM Exercise/ Trivia 1:30 Happy Feet 2:30 Thirsty Thursday 4:00 Rest and Relax 6:00 Hand Massage & Relaxation (AL)</p>	<p>24 9:30 Bible Study ? 10:00 Exercise 3:30 Music & Mocktails 4:00 Rest and Relax 6:00 Movie Night:</p>	<p>25 9:15 Morning Music 11:00 Conversation Club 2:30 Snack Social 4:00 Reminisce 6:30 Manicures / <i>Sentimental Reflections</i></p>
<p>30 9:30 Stretch & Flex 10:00 Trivia 1:00 Snowball Dance (AL) 3:00 Thirsty Thursday 6:00 Hand Massage & Relaxation</p>	<p>31 9:30 Bible Study 10:00 Exercise 2:15 Yoga with BiaChiYoga 3:30 Music & Mocktails 4:00 Rest and Relax 6:00 Movie Night:</p>					

Cambrian Senior Living *333 N. Occidental Hwy * Tecumseh, MI 49286 * www.cambrianseniorliving.com * 517-423-5300 * Like us on Facebook

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