

CAMBRIAN ASSISTED LIVING

South Lyon Spring and Summer Menu 2019-2020

Regular/NAS/Consistent CHO Week 1

Sunday July 12, 2020	Monday July 13, 2020	Tuesday July 14, 2020	Wednesday July 15, 2020	Thursday July 16, 2020	Friday July 17, 2020	Saturday July 18, 2020
Fresh Baked Cinnamon Rolls Scrambled Eggs Orange Slices Coffee/Tea Juice/Milk	Banana Cereal Cheesy Eggs Bacon Coffee/Tea Juice/ Milk	Cereal Hashbrown Patty Egg Lorraine Bake Toast Grapes/ Peaches Coffee/Tea Juice/ Milk	Cereal English Muffin Canadian Bacon & Egg Sandwich Pears Coffee/Tea Juice/Milk	Cereal Buttered Croissant Eggs Bacon Coffee/ Tea Juice/ Milk	Cereal Waffles Strawberry Sauce Sausage Links Coffee/Tea Juice/Milk	Cereal Eggs Toast Fresh Melon Coffee/ Tea Juice/Milk
Lunch						
Bourbon Pork Loin Scalloped Potato Green Beans Hawaiian Roll Strawberry Shortcake Juice/ Milk Coffee/Tea	Chicken Ceaser Wrap Sweet Potato Fries Fresh Grapes Colorful Mousse Juice/ Milk Coffee/ Tea	Taco Salad Lettuce/ Tomato Sour Cream/ Onion Cheese / Salsa Refried Beans Margarita Pudding Juice/Milk Coffee/ Tea	Pulled Pork Sliders Baked Beans Coleslaw Lemon Cake Juice/Milk Coffee/Tea	Shrimp Scampi Linguine Ceaser Salad Breadstick Banana Cream Pie Juice/ Milk Coffee/ Tea	Chicken Marsala Mashed Potato Spinach Medley Rainbow Cake Juice/Milk Coffee/ Tea	Stuffed Peppers Roasted Carrots Dinner Roll Peaches & Cream Juice/ Milk Coffee/Tea
Dinner						
Tuna Sandwich Chips Chicken Noodle Soup Chocolate Brownie Juice/ Milk Coffee/ Tea	Ultimate Macaroni & Cheese Stewed Tomato Pistachio Whip Juice/ Milk Coffee/ Tea	Turkey Ala King Toast Points Buttered Corn Banana Split Parfait Juice/ Milk Coffee/ Tea	Cambrian 3 Cheese Pizza Garlic Breadstick Cucumber& Tomato Salad Chocolate Cream Puff Juice/ Milk Coffee/ Tea	Italian Sausages Peppers & Onions Onion Rings Fresh Baked Cookie Juice/ Milk Coffee/ Tea	Reuben Quiche French Onion Soup Oyster Crackers Assorted Desserts Juice/ Milk Coffee/ Tea	Italian Sub Sandwich Pasta Primavera Chips Ice cream with Strawberry Sauce Juice/ Milk Coffee/ Tea

Sunday June 21, 2020	Monday June 22, 2020	Tuesday June 23, 2020	Wednesday June 24, 2020	Thursday June 25, 2020	Friday June 26, 2020	Saturday June 27, 2020
Happy Father's Day						
Oatmeal Egg Omelet Sausage Links Tropical Fruit Coffee/Tea Juice/Milk	Creamy Grits Scrambled Eggs Bacon Toast Coffee/Tea Juice/ Milk	Cereal Western Scramble Bacon English Muffin Coffee/Tea Juice/ Milk	Cereal Hashbrown Cheesy Eggs Ham Coffee/Tea Juice/Milk	Oatmeal Eggs Florentine Sausage Patty Kiwi Slices Coffee/ Tea Juice/Milk	Cereal Pancakes with Maple Syrup Bacon Coffee/Tea Juice/Milk	Cereal Eggs Toast Fresh Pineapple Coffee/ Tea Juice/Milk
Lunch						
Roast Turkey Mashed Potato Herb Gravy Green Beans Berry Forest Pie Juice/Milk Coffee/Tea	Beef Pepper Steak White Rice Egg Roll Pears Ala Mode Juice/Milk Coffee/Tea	Chicken Soft Taco Sour Cream/ Salsa Lettuce/ Tomato Refried Beans Churros Juice/Milk Coffee/Tea	Crab Cakes With Remoulaude Herb Roasted Potato Spinach Berry Salad Sherbet Juice/Milk Coffee/Tea	Ravioli with Pancetta Ceaser Salad Garlic Bread Cannoli Juice/ Milk Coffee/Tea	Supreme Pizza Fruit Salad Breadstick Chocolate Cream Pie Juice/Milk Coffee/Tea	Patty Melt Onion Rings Butterscotch Pudding Parfait Juice/ Milk Coffee/Tea
Dinner						
Gourmet Ham Sandwich Blt Pasta Salad Tapioca Pudding Juice/Milk Coffee/Tea	Gourmet BLT Chips Cranberry Relish Fresh Baked Cookie Juice/Milk Coffee/Tea	Sloppy Joe Tater Tots Buttered Corn Cream Puffs Juice/Milk Coffee/Tea	Grilled Turkey Cheese Cream of Potato Soup Crackers Fruited Jell-O Juice/Milk Coffee/Tea	Hot Dog Relish /Onions Mustard /Ketchup Baked Beans Mandarin Oranges Juice/Milk Coffee/Tea	Fish on a Bun Fries Coleslaw Assorted Desserts Juice/Milk Coffee/Tea	Turkey Divan Casserole Biscuit Fresh Baked Cookies Juice/Milk Coffee/Tea

Sunday June 28, 2020	Monday June 29, 2020	Tuesday June 30, 2020	Wednesday July 1, 2020	Thursday July 2, 2020	Friday July 3, 2020	Saturday July 4, 2020 Happy 4th
English Muffin Sausage Links Scrambled Eggs Coffee/Tea Juice/Milk	Creamy Grits Eggs Bacon Toast Coffee/Tea Juice/ Milk	Cereal Egg Frittata Bacon Pineapple Coffee/Tea Juice/ Milk	Cereal Corn Beef Hash Eggs Rye Toast Orange Slices Coffee/Tea Juice/Milk	Oatmeal Ham & Cheese Croissant Fresh Melon Bowl Coffee/ Tea Juice/Milk	Cereal Eggs Bacon Toast Coffee/Tea Juice/Milk	Cereal Waffles Sausage Links Strawberry Sauce Coffee/ Tea Juice/Milk
Lunch						
Honeybaked Ham Cheesy Potato 3 Beans Mix Lemon Meringue Pie Juice/Milk Coffee/Tea	Chicken Parmesan Buttered Noodles Garlic Bread Seasoned Broccoli Angel Food Cake Juice/Milk Coffee/Tea	Soft Taco Black Beans Rice Pico de Gallo Churro Juice/Milk Coffee/Tea	Meatloaf Muffins Mash Potato/ Gravy Fried Cabbage & Onion Jello Cake Juice/Milk Coffee/Tea	Oven Breaded Cod Rice Pilaf California Veggies Boston Cream Pie Juice/ Milk Coffee/Tea	Ravioli With Pesto Sauce Garden Salad Breadstick Blonde Brownie Juice/Milk Coffee/Tea	Grilled Kielbasa Sausages Peppers / Onions Sauerkraut Blt Pasta salad Watermelon Slices Holiday Cake Juice/ Milk Coffee/Tea
Dinner						
Gourmet Grilled Cheese Tomato Basil Soup Cupcakes Juice/Milk Coffee/Tea	Coney Dog French Fries Oreo Whip Juice/Milk Coffee/Tea	Shrimp Po Boy Lettuce /Tomato Onion Rings Sherbet Juice/Milk Coffee/Tea	Chicken Salad On a Bed of Lettuce Crackers Tomato Slices Soup Dujour Banana Pudding Juice/Milk Coffee/Tea	Corn Beef with Swiss On Rye Chips French Onion Soup Rice Krispie Treat Juice/Milk Coffee/Tea	Quiche Lorraine Butternut Squash Soup Cucumber Salad Assorted Desserts Juice/Milk Coffee/Tea	Turkey Tetrizzini Buttery Biscuit Ice Cream Juice/Milk Coffee/Tea

Sunday July 5, 2020	Monday July 6, 2020	Tuesday July 7, 2020	Wednesday July 8, 2020	Thursday July 9, 2020	Friday July 10, 2020	Saturday July 11, 2020
Fresh Baked Scones Ham & Veggie Omelet Fruit Bowl Coffee/ Tea Milk/ Juice	Cereal Bagel & Cream Cheese Confetti Eggs Coffee/ Tea Milk/ Juice	Cereal Cinnamon Rolls Fiesta Egg Bake Orange Slices Coffee/ Tea Milk/ Juice	Cereal Scrambled Eggs Corn Beef Hash Buttered Toast Coffee/ Tea Milk /Juice	Oatmeal Breakfast Quiche Sausage Patty English Muffin Coffee/ Tea Milk/ Juice	Buttered Croissant Cheesy Eggs Bacon Orange Slices Coffee/ Tea Milk / Juice	French Toast Sticks Sausage Links Eggs Coffee/Tea Milk/ Juice
Lunch						
Honey Baked Ham Sweet Potato Cabbage Cornbread Apple Pie Coffee/ Tea Milk/ Juice	Chicken Alfredo Fettucinne Garlic Bread Greek Salad Banana Pudding Coffee/ Tea Milk/ Juice	Cheese Quesadilla Lettuce /Tomato Sour Cream/ Onions Mexican Street Corn Margarita Pudding Coffee/ Tea Milk / Juice	Fried Chicken Potato Salad Green Beans Strawberry Shortcake Coffee/ Tea Milk/ Juice	Brown Sugar Glazed Salmon Wild Rice Medley Roasted Asparagus Key Lime Pie Coffee/ Tea Milk/ Juice	Spaghetti with Meatsauce Capri Blend Breadstick Chocolate Cake Coffee/ Tea Milk/ Juice	Pulled Pork Baked Beans Coleslaw Ice Cream Sundae Coffee/ Tea Milk/ Juice
Dinner						
Egg Salad Tomato Wedges Sun Chips Fruited Jello Coffee/ Tea Milk / Juice	Ham & Swiss Sandwich Split Pea Soup Ambrosia Slaw Coffee/ Tea Milk/ Juice	Mini Corn Dogs Tater Tots Cucumber & Tomato Tapioca Pudding Coffee/ Tea Milk/ Juice	Philly Cheesesteak Peppers & Onions Sweet Potato Fries Cream Puff Coffee/Tea Milk/ Juice	Homemade Chicken & Noodles Biscuit Smores Pudding Cup Coffee/ Tea Milk/ Juice	Grilled Cheese Tomato Bisque Assorted Desserts Coffee/ Tea Milk/ Juice	Roast Beef & Cheddar Sandwich Tuscan Bean Soup Vanilla Parfait Coffee/ Tea Milk/ Juice