

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



1
10:30 Get Movin' w/Anne
11:00 Game Time
1:00 Penny Pitch
2:00 Bible Study
3:00 Dominoes
3:00 Ember & Ollie's Corner

2
10:30 Exercise
11:00 Brain Teasers
2:00 Euchre & More!
3:00 Happy Hour w/ Lois

Groundhog Day

3
9:30 Rosary
10:30 Exercise
2:30 Bingo
3:30 TV Series-The Crown

4
2:00 Movie Social

5
2:00 Worship

6
10:30 Exercise
11:00 Catholic Mass
2:30 Bingo
3:30 Sit and Be Fit

7
10:30 Fitness Fun w/Anne
11:00 Sing-Along
1:00 Cookie Club
1:30 Craft Time
2:00 Euchre & More!
3:00 Happy Hour w/Sally playing the flute

8
10:30 Get Movin' w/ Anne
11:00 Game Time
1:00 Billiards/Shuffleboard
2:00 Bible Study
3:00 Dominoes
3:00 Ember & Ollie's Corner

9
10:30 Exercise
11:00 Brain Teasers
12:30 Dino the dog visit
2:00 Euchre & More!
3:00 Happy Hour

10
9:30 Rosary
10:30 Exercise
2:30 Bingo
3:30 TV Series-The Crown

11
2:00 Movie Social

12
2:00 Worship

13
10:30 Exercise
11:00 Reminisce
2:30 Bingo
3:30 Sit and Be Fit

14
10:30 Fitness Fun w/Anne
11:00 Sing-Along
1:00 Cookie Club

1:30-3:00
Valentine Tea
Valentine's Day

15
10:30 Get Movin' w/ Anne
11:00 Game Time
1:00 Billiards/Shuffleboard
2:00 Bible Study
3:00 Dominoes
3:00 Ember & Ollie's Corner

16
10:30 Exercise
11:00 Brain Teasers
2:00 Euchre & More!
3:00 Happy Hour w/Lois

17
9:30 Rosary
10:30 Exercise
2:30 Bingo
3:30 TV Series-The Crown

18
2:00 Movie Social

19
2:00 Worship

20
10:30 Exercise
11:00 Reminisce
2:30 Bingo
3:30 Sit and Be Fit

Presidents' Day

21
10:30 Fitness Fun w/Anne
11:00 Sing-Along
1:00 Cookie Club
1:30 Craft Time
2:00 Euchre & More!
3:00 Happy Hour-

Mardi Gras
Mardi Gras

22
10:30 Get Movin' w/ Anne
11:00 Game Time
1:00 Billiards/Shuffleboard
2:00 Bible Study
3:00 Dominoes
3:00 Ember & Ollie's Corner

Ash Wednesday

23
10:30 Exercise
11:00 Brain Teasers
2:00 Euchre & More!
3:00 Happy Hour

24
9:30 Rosary
10:30 Exercise
2:30 Bingo
3:30 TV Series-The Crown

25
2:00 Movie Social

26
2:00 Worship

27
10:30 Exercise
11:00 Reminisce
2:30 Bingo
3:30 Sit and Be Fit

28
10:30 Fitness Fun w/Anne
11:00 Sing-Along
1:00 Cookie Club
1:30 Craft Time
2:00 Euchre & More!
3:00 Happy Hour

February 2023
Cambrian Assisted Living