

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

November 2023

Cambrian Assisted Living

			1 10:30 Exercise 11:00 Game Time 1:00 Craft Time 2:00 Bible Study 3:00 Ember & Charlie 3:00 Dominoes	2 10:30 Exercise 11:00 Brain Teasers 1:30 Chair Yoga 2:00 Euchre & More 3:00 Happy Hour	3 9:30 Rosary 10:30 Exercise 11:00 Trivia 2:30 Bingo 3:30 TV in Media Room	4 10:30 Exercise 11:00 Trivia 2:00 Afternoon Movie *The Sound of Music*
5 2:00 Worship 3:30 TV in Media Room	6 10:30 Exercise 11:00 Mass 11:00 Random Trivia 1:30 Chair Yoga 2:30 Bingo	7 10:30 Exercise 11:00 Sing-along 1:00 Cookie Club 1:30 Craft Time 2:00 Euchre & More 3:00 Happy Hour	8 10:30 Exercise 11:00 Game Time 1:00 Craft Time 2:00 Bible Study 3:00 Ember & Charlie 3:00 Dominoes	9 10:30 Exercise 11:00 Brain Teasers 1:30 Chair Yoga 2:00 Euchre & More 3:00 Happy Hour	10 9:30 Rosary 10:30 Exercise 11:00 Trivia 2:30 Bingo 3:30 TV in Media Room	11 10:30 Exercise 11:00 Trivia 2:00 Afternoon Movie *The Longest Day* <small>Veterans Day Remembrance Day (Canada)</small>
12 2:00 Worship 3:30 TV in Media Room <small>Diwali (Hindi)</small>	13 10:30 Exercise 11:00 Reminisce 1:30 Chair Yoga 2:30 Bingo	14 10:30 Exercise 11:00 Sing-along 1:00 Cookie Club 1:30 Friendsgiving Celebration *No Happy Hour*	15 10:30 Exercise 11:00 Game Time 1:00 Craft Time 2:00 Bible Study 3:00 Ember & Charlie 3:00 Dominoes	16 10:30 Exercise 11:00 Brain Teasers 1:30 Chair Yoga 2:00 Euchre & More 3:00 Happy Hour	17 9:30 Rosary 10:30 Exercise 11:00 Trivia 2:30 Bingo 3:30 TV in Media Room	18 10:30 Exercise 11:00 Trivia 2:00 Afternoon Movie *The Blue Angel* (1930)
19 2:00 Worship 3:30 TV in Media Room	20 10:30 Exercise 11:00 Random Trivia 1:30 Bingo Store *No Chair Yoga* 2:30 Bingo	21 10:30 Exercise 11:00 Sing-along 1:00 Cookie Club 1:30 Ladies Spa Day 3:00 Happy Hour	22 10:30 Exercise 11:00 Game Time 2:00 Bible Study 1:30 Craft Time 3:00 Ember & Charlie 3:00 Dominoes	23 10:30 Exercise 11:00 Brain Teasers 1:30 Chair Yoga 2:00 Euchre & More *No Happy Hour* <small>Thanksgiving Day (US)</small>	24 9:30 Rosary 10:30 Exercise 11:00 Trivia 2:30 Bingo 3:30 TV in Media Room	25 10:30 Exercise 11:00 Trivia 2:00 Afternoon Movie *HOW TO MARRY A MILLIONAIRE*
26 2:00 Worship 3:30 TV in Media Room	27 10:30 Exercise 11:00 Random Trivia 1:30 Chair Yoga 2:30 Bingo	28 10:30 Exercise 11:00 Sing-along 1:00 Cookie Club 1:30 Craft Time 2:00 Euchre & More! 3:00 Happy Hour	29 10:30 Exercise 11:00 Game Time 2:00 Bible Study 1:30 Craft Time 3:00 Ember & Charlie 3:00 Dominoes	30 10:30 Exercise 11:00 Brain Teasers 1:30 Chair Yoga 2:00 Euchre & More *No Happy Hour* 5-6:30 Resident Christmas Celebration		