

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

December 2023

IT'S THE MOST WONDERFUL TIME OF THE YEAR!

						9:30 Rosary 10:30 Exercise 11:00 Trivia 2:30 Bingo 3:30 TV in Media Room	1	10:30 Exercise 11:00 Trivia 2:00 Afternoon Movie "My Fair Lady"	2				
2:00 Worship 3:30 TV in Media Room	3	10:00 Exercise 11:00 Mass 1:30 Chair Yoga 2:30 Bingo	4	10:30 Exercise 11:00 Holiday Penny Pitch 1:00 Cookie Club 1:30 Craft Time 2:00 Euchre & More! 3:00 Happy Hour	5	10:30 Exercise 11:00 Full Sweat then Sweets 1:00 Christmas Tree Crafting Time 2:00 Bible Study 3:00 Ember & Charlie	6	10:30 Exercise 11:00 Brain Teasers 1:30 Chair Yoga 2:00 Euchre & More 3:00 Happy Hour	7	9:30 Rosary 10:30 Exercise 11:00 Trivia 2:30 Bingo 3:30 TV in Media Room	8	10:30 Exercise 11:00 Trivia 2:00 Afternoon Movie "Arsenic and Old Lace"	9
2:00 Worship 3:30 TV in Media Room	10	10:30 Exercise 11:00 Random Trivia 1:30 Chair Yoga 2:30 Bingo	11	10:30 Exercise 11:00 Sing-along 1:00 Cookie Club 1:30 OH CHRISTMAS TREE CELEBRATION	12	10:30 Exercise 11:00 Full Sweat then Sweets 1:00 Calming Down W/Coloring 2:00 Bible Study 3:00 Ember & Charlie	13	10:30 Exercise 11:00 Brain Teasers 1:30 Chair Yoga 2:00 Euchre & More 3:00 Happy Hour	14	9:30 Rosary 10:30 Exercise 11:00 Trivia 2:30 Bingo 3:30 TV in Media Room	15	10:30 Exercise 11:00 Trivia 2:00 Afternoon Movie "The Maltese Falcon"	16
2:00 Worship 3:30 TV in Media Room	17	10:30 Exercise 11:00 Reminisce 1:30 Chair Yoga 2:30 Bingo	18	10:30 Exercise 11:00 Sing-along 1:00 Cookie Club 1:30 Holiday Spa 3:00 Happy Hour	19	10:30 Exercise 11:00 Full Sweat then Sweets 1:00 Christmas Cookie Decorating 2:00 Bible Study 3:00 Ember & Charlie	20	10:30 Exercise 11:00 Brain Teasers 1:30 Chair Yoga 2:00 Euchre & More 3:00 Happy Hour	21	9:30 Rosary 10:30 Exercise 11:00 Trivia 2:30 Bingo 3:30 TV in Media Room	22	10:30 Exercise 11:00 Trivia 2:00 Afternoon Movie "Miracle on 34th Street (1947)"	23
2:00 Worship 3:30 TV in Media Room	24	10:30 Exercise 11:00 Random Trivia 1:30 Chair Yoga 2:30 Bingo	25	10:30 Exercise 11:00 Sing-along 1:00 Cookie Club 1:30 Craft Time 2:00 Euchre & More! 3:00 Happy Hour	26	10:30 Exercise 11:00 Full Sweat then Sweets 1:00 Craft Time 2:00 Bible Study 3:00 Ember & Charlie 3:00 Dominoes	27	10:30 Exercise 11:00 Brain Teasers 1:30 Chair Yoga 2:00 Euchre & More 3:00 Happy Hour	28	9:30 Rosary 10:30 Exercise 11:00 Trivia 2:30 Bingo 3:30 TV in Media Room	29	10:30 Exercise 11:00 Trivia 2:00 Afternoon Movie "GiGi"	30
2:00 Worship 3:30 TV in Media Room	31												

Cambrian Senior Living

